

EMPTY KITCHENS FULL HEARTS

Volunteers' Update - Thursday 5th September



Season begins for our partners at Hibs Women's Team

Last week the Hibernian Women Team sent over some great photos of our logo featuring on their jackets. We're delighted to be partnering with the team for another year!

Being a partner gives us excellent fundraising and advocacy opportunities. We really want to make the most of this partnership.

One of the perks is being offered tickets to many of the home games. This includes tomorrow's Capital Cup!

For anyone interested in future tickets, please email Sarah or Janet. Sarah and Janet will

then get in touch when new tickets become available.

Some of the other ways we plan to make the most of this partnership this:

- Bucket collections
- Sharing fundraising appeals to the Hibs community
- Having Hibs share our social media content on their pages
- Getting the team along for a volunteer day!

We hope the volunteers, staff and trustees going along to the Capital Cup have a great time tomorrow.

This update includes:

- Our partnership with the Hibernian Women's Team
- The Big Give Challenge
- Wishing good luck to our Kiltwalkers!
- Nourish Scotland's Public Diners report
- News from the garden



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The Big Give Challenge - new pledge deadline!

You might have already seen our social media posts about The Big Give Christmas Challenge. We know, we can't believe we're talking about Christmas either... but bear with us!

The Big Give Christmas Challenge is an opportunity for us to double the pledges we receive at the first stage of the challenge...and then possibly double them again with online donations in December!

We have until this Sunday (8th of September) at 11pm to collect as many pledges as we can.

So far, we've raised an incredible £1,075 - and we'd like to say a big thank you to everyone who has

pledged their support. If we can raise our target of £3,000 in pledges - we'll be on track to turning this into £12,000 in December.

If you would like to make a pledge, you can [do so using this link](#).

Pledges need to be £100 (or more) at this stage of the challenge.

Pledges will not be paid until after the appeal has ended, so between 10 December and 17 January 2025.

We'd so appreciate it if you could make a pledge or spread the word about the challenge!

Any questions, please speak to [Sarah](#) or [Janet](#).

Kiltwalk - Sunday the 15th September

Best of luck to our 19 Kiltwalkers who are taking part in the Kiltwalk a week on Sunday. The team will be starting off from Victoria Park and ending up at Murrayfield Stadium. If you would like to come and cheer them on, you can see the full [Wee Wander route here](#).

The team has raised a wonderful £991 so far. We're aiming for £5,000.



If you would like to make a donation to support our work, [please follow this link](#) and as always, we appreciate you sharing it with your family and friends.

Nourish Scotland Public Diners report

Earlier this year, Mike shared an update about his work with Nourish Scotland and the Public Diners initiative. This week, Nourish Scotland has released its Public Diners Report.

This report calls for a “national restaurant service”. These diners would be state-funded restaurants, offering healthy meals at capped prices. Public diners could help to tackle a range of issues, including health inequality, food insecurity and the climate crisis.

As the report explains, these diners would be a part of public infrastructure, like libraries, parks and museums. Diners would give everyone the opportunity to eat well and feel part of the community.

If you would like to learn more about the project, [you can read the full report here](#).

If you love the idea, then Nourish Scotland is encouraging everyone to talk about it with their friends and family, and share on social media (you can use the hashtag #publicdiners).



News from the garden

It's been a busy few weeks in the garden. We've been picking lots of tomatoes, cucumbers, legumes, salad leaves and courgettes. We also have had a couple of new volunteers, it's always nice to have some more enthusiastic help, so thanks very much to everyone who has been down.

It's now (unbelievably!) Autumn, and our thoughts in the garden have started to turn towards what we can grow over the next few

months and into the spring.

The Sunflowers have started blooming and are looking very bonny. Still hoping for a late bit of sunshine in September, fingers crossed as always! Thanks, Tom.

