



Friday 28th October 2022

Hi Everyone,

Welcome to this week's **Weekly Roundup**.

Thank you to everyone that jumped in to support all shifts this week, and made sure we got all meal packs delivered. Monday looked dicey but we got there!

Luke and Scott took part in the **24hr Relay** run by the **Edinburgh University Geographical Society** last Friday. They've smashed their fundraising goal and are donating **£1,260** to EKFH - thank you!



Harvey, Scott, Mike and Luke are taking part in **Movember**, raising money for prostate cancer and EKFH. It'll be fun to see those fabulous moustaches behind the facemasks. Good luck to you all!

Hot Service... we have a lovely new wooden kiosk set up ready for the return of a weekly **Hot Lunch Service from 1pm to 2pm on Friday 4th November**. There are 2 shift slots on rota central each Friday from 12.45 to 2.15pm, so please do sign up if you fancy being involved. Thanks to Luke and everyone else involved in getting this going. Emily is preparing flyers to share this news. Spread the word!

The Big C Word - Christmas! We are putting plans in place to deliver a Christmas meal delivery and we need your help to cook (Thursday 22nd), pack (Friday 23rd) and deliver (Saturday 24th) these meals. Jess McIntosh is attempting to source a vast amount of **mince pies**, so if you are able to help with that please do let her know. Emily is designing a **greetings card** from all of us, again please stop by with any thoughts. The volunteer shifts are up on rota central so please sign up if you are able to - santa hats are optional!

Fundraising Concert! We teased this news a few weeks ago, but are pleased to announce that tickets are now on sale for the concert with **Lorna Luft and Wobey & Farrell on Thursday 5th January**. [Tickets are available here](#) - we hope you'll be keen to come along, and tickets would make excellent Christmas presents! We'll also need some volunteers to help us with various front-of-house roles on the day - if you're interested in being involved, please let Emily know.

Save the Date - after the lovely BBQ in the summer we would like to invite you all to another social evening on Saturday 3rd December. It will be on site at Granton - so save the date for now, and we'll figure out the details and keep you posted.

Our **Community Work & Service User Engagement** - this work is often a slow burner. We've been approached by a couple of initiatives this week to provide food support, and we are delighted that the kitchen, packing and delivery teams all rose to the challenge. We are supporting **Royston & Wardieburn Community Centre with an adult learning & skills programme and Streetworks' Wellness Wednesdays**. We will continue to develop these connections to build deeper relationships and hopefully support more people struggling with food insecurity.

And on to the **Trustee Introductions** ... as well as being a volunteer on the Welcome Desk (and generally rolling her sleeves up wherever), Jane Rutherford is one of our Trustees. Over to Jane...

Hello, I am **Jane** and **I have been volunteering for Empty Kitchens since August 2020**. I started delivering meal packs during Covid and haven't looked back. I have taken part in several roles and projects in the last two years, including the volunteer survey.



With a background in academia, I felt that a shift to the third sector was a natural progression for me; I have never aspired to a corporate life! I hope I can continue **to be a force for good** as I really believe in the principles and ethos of Empty Kitchens, and I am delighted to be appointed to the board of Trustees. So please contact me anytime with suggestions, comments, etc. I am usually somewhere near the Welcome Desk a couple of times each week.

In my other life I also work with the Human Library as Scottish Co-ordinator, am an **avid reader** and more avid book collector. I am also mother to two Maine Coon cats called Seraphina and Basil.

And on the Reminders & Recaps ...

Building Capacity we are really in need of more **Volunteer Drivers** and **Cyclists**. If you signed up to do some deliveries but are yet to have a go, or perhaps you used to drive for us but no longer do - please do let us know if you have any queries and Chris will be able to take you through everything.

We are also looking to develop a **Language Bank**, a library of volunteers with language skills that can assist us with interpretation - written and spoken - with New Scots and those with us who are perhaps with us temporarily, in situations such as service user engagement & support, and with welcoming and integrating new volunteers. If you are fluent in a language and feel you could help then get in touch with Martin.

Charity Membership We set up the EKFH charity structure to give our membership (our volunteers) a voice. This provides members with the opportunity to not only be more involved with what we do but to participate in decisions that form strategy and the future of EKFH - approving changes to our constitution, the appointment of charity trustees and having organisational oversight. Overall, members have an incredibly important role to play. If you've been volunteering with us at any time in the past 12 months why not apply to become a member and help shape the organisation? **Registration Forms** are always available from the Welcome Desk.

Admin Supportwe're looking for help in areas such as Volunteer Services, Welcome Desk, Rota Central. All flexible, please give us a shout if you are able to support.

New Paypal Link ...Please be aware that the new link is not yet live - tech issues - so please continue to use the existing link. We will advise here once matters have been resolved. If we can be of any help or if you have a query or concerns do not hesitate to contact Emily our Fundraising Manager - emily.gifford@emptykitchens.co.uk

Do please carry on sharing our **Volunteer Recruitment** posts - and all our posts for that matter as it all helps with awareness - and we still have flyers and posters. As you know, anyone interested can get in touch via the www.emptykitchens.co.uk website or email us at volunteer@emptykitchens.co.uk

I think that's about it - please do let us know what's on your mind by email at et@emptykitchens.co.uk or just come and have a chat.

Thanks again and wishing you all a wonderful weekend,

Janet, Mike and Martin