

Volunteers' Update - Thursday 22nd August



Our new Volunteers' Update!

Welcome to our new and improved Volunteers' Update. We wanted to say a huge thank you to everyone who completed our Weekly Update Survey, which helped to inform this new version.

Based on the feedback shared, we will now be:

- Sharing the Update fortnightly, rather than weekly
- Sharing on Thursdays
- Circulating over WhatsApp and our Volunteers' Facebook Group
- 3 pages maximum

We also asked what content people were most interested in seeing, and the results were:

- 91% voted for news about events taking place at EKFH
- 78% voted for updates from individual teams
- 69% voted for fundraising updates
- 56% voted for updates from board meetings
- 34% voted for recipes or volunteer stories
- One person added hearing more about EKFH's impact

We'll be taking all of this feedback onboard and incorporating it into future Updates, with a story from a different team each week.

Happy reading!

This update includes:

- Feedback from our Weekly Update survey
- Changes in Packing shift times from October
- Kiltwalk donation link
- Garden team news
- Summer BBQ photos



Change in packing shift times from October

Based on feedback from volunteers and the kitchen, we have decided to update our packing shift times on Tuesdays to Thursdays.

From October, packing shifts will be:

- Tuesday to Wednesday - 10am-12.45pm and 1.15-4pm
- Thursday - 10am-12.45pm

Thursdays will continue to only have a morning shift. Mondays timings have not been affected.

The reason for these changes is to allow Scott and the kitchen team time to make meals in the morning, so the packing team have enough to do.



We were concerned that packing volunteers were arriving at 9am and feeling they did not have enough to do. With this change, we hope everyone will have plenty to do, and shifts will feel full and worthwhile.

If you have any questions about this, please speak to [Harvey](#) or [Sarah](#)! You can also always drop us an email at volunteer@emptykitchens.co.uk.

Are you signed up to our Supporters' Newsletter?

We have restarted our Supporters' Newsletter, which is released every quarter. The Newsletter contains lots of updates on developments at Empty Kitchens Full Hearts and more ways to get involved.

Signing up for the next newsletter could not be easier - [just fill in your details on our website here](#).



Kiltwalk - less than a month to go!

Our 16 Kiltwalkers are getting ready to turn miles into meals on the 15th of September 2024. Can you help them reach their £5,000 target? To donate, [just click here](#)!

Garden team news

Hi This week we were joined by some new volunteers, it is always nice to have some new faces around and extra help!

On Monday we picked more tomatoes, cucumbers, legumes and tatties. We had a good crop of tatties, considering the poor weather we've had. On Thursday we sowed some cauliflower, broccoli, lamb's lettuce, radishes and dwarf French beans. They should grow away happily over the Autumn and Winter. Fingers crossed as always for good weather this weekend.

Thanks, Tom



Thank you to our BBQ-goers!

Finally, while the Weekly Update was on hiatus, we had our summer BBQ. Thank you so much to everyone who came along and made it such a lovely day - despite the downpour at lunchtime! We wanted to share some photos, including Lynne and Susan braving the elements with wine in hand...



As always, a big Full Hearts thank you for all that you do!

From the Empty Kitchens Full Hearts team

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