



Friday 23rd February 2024

Happy Friday Folks!

We hope you've had a lovely week. It's a very brief update from us this week but we are grateful for the lighter evenings and for the narcissus which are now through and blooming in the front garden here at Granton.



Certainly Tom and the Garden **Volunteers** are starting to prepare for the arrival of Spring these past weeks, clearing the overgrown area at the front, sowing seeds and preparing the vegetable and salad beds. There will be more on this, our plans for the garden and news of when we'll be back to two gardening days in the coming weeks.



Hibernian Women FC - match sponsorship at Meadowbank

Next Sunday - 3rd March - is our next match sponsorship for the Hibernian Women FC match at Meadowbank.

Kick-off is at 4.10pm, and we'll be there for a little bit beforehand to shake buckets for donations! If you'd be keen to come along to the game, and/or to help with the buckets, let Emily know.



Thank you everyone for this week and have a wonderful weekend,

[Mike](#), [Janet](#) & [Martin](#)

THE NOTICE BOARD

Volunteer Services & Rota Central

Shift availability: Shifts are now live on Rota Central up to the end of **March**.

Volunteer Opportunities: We are seeking more support in the following areas - **Volunteer Drivers, Cleaning Team, Welcome Desk and Volunteer Services.**

The Garden: Stand by as we look forward to returning to returning to two days of gardening per week in the Spring.

Cancelling a shift: Please, if you can, let us know if you're unable to attend for a shift, we know sometimes it's not possible to give us notice, but if you can it's really helpful!

Subscribing to Roles: Let us know [here](#) if you wish us to add or remove roles, have any volunteering or shift queries or problems with Rota Central.

Leaving Us: Do please let us know if you're needing to step back.

Feedback: You can leave feedback about volunteering with us by using [this form here](#). We check the responses regularly. Feedback can be anonymous if you prefer.

Regular Updates: If you are not receiving the Wednesday Rota Central email or you are but the role(s) are not the one(s) you signed up for, do let us know.

Contact: We always love to hear from you. Contact us via the WhatsApp channel (07918 121606) or to **Volunteer Services** at volunteer@emptykitchens.co.uk Our **Volunteer Coordinator**, Sarah, can be contacted on sarah.hutchison@emptykitchens.co.uk

Health & Safety

Illness. If you become unwell or are sensing the onset of symptoms, please do stay home and let us know you are unable to attend. We wish you a swift recovery.

If you have a gastro related illness or are displaying symptoms please remember that we ask you not to attend a shift until you've been symptom free for at least 48 hrs.

Board of Trustees

The next Board Meeting is on Wednesday 13th March 2024.

If you are interested in attending future Board meetings then do let the Secretary, Sam, know.... sam@emptykitchens.co.uk

Membership:

We always welcome new applications to be Empty Kitchens Full Hearts Members! As a Member, you have oversight of what we do, you'll influence strategy, and be voting on matters of constitution and governance including electing our Trustees. Members' meetings take place approximately twice a year, so we hope it's not too big a commitment! You can always come and talk to us about it if you'd like to know more before you apply... Registration forms are available from the Welcome Desk.

